

June TAP/TEG Enews From Community Intervention (June 2004)

~~~~~  
Happy Summer! Since most of you are probably distracted by the lovely weather, let's just keep this short and sweet. Have a wonderful summer and call if there is anything you need. **TAP** and **TEG** Enews will resume in August.

### ~~~~~ **In This Issue...** ~~~~~

- \* Tobacco Trivia: The Risks Go On
- \* June Question of the Month
- \* Dates to Remember
- \* In Memory of Florence Crowley

### **Tobacco Trivia: The Risks Go On** ~~~~~

**Smoking And Type 2 Diabetes.** Smokers who smoke at least a pack of cigarettes a day face a 64% higher risk of developing type 2 diabetes compared to nonsmokers. (June 7, 2004 HealthDayNews)

**More Illnesses Connected to Smoking.** Smoking has now been conclusively linked to acute myeloid leukemia and cancers of the cervix, kidney, pancreas and stomach. Smoking also causes pneumonia, abdominal aortic aneurysm, cataracts, and periodontitis - it harms nearly every organ of the body! (2004 Surgeon General's Report, "The Health Consequences of Smoking")

**Smoking Increases Oral Cancer Risk.** Cigarette smoking destroys the protective molecules in saliva increasing the risk for oral cancer. (June 2004 British Journal of Cancer)

Click here to read "The Health Consequences of Smoking" >>  
<http://www.surgeongeneral.gov>

### **June Question of the Month** ~~~~~

**What fun, unique, adventurous vacation do you have planned for summer?** We want to hear about it! The Community Intervention staff will vote on their favorite reply and we will send the winner five "Four D's Medallions." Be safe and have fun!

In May, we asked you to share your plans for "World No Tobacco Day." Rodney Mattingly from Elizabethtown, KY wrote to say that they did a county-wide campaign to ask area restaurants to go smoke free for a day. They personally visited interested restaurants and provided them with a sign for their door.

Jennifer Schaeffer from Dickinson, ND wrote, "We will be holding World No Tobacco Day Walks in 6 communities in our 8 SW counties...Each participant will receive a t-shirt with the WNTD Logo on it and we usually walk 1-2 miles. Our booth with Prevention, Cessation, Secondhand Smoke facts will be available for people to see and take pamphlets. We are expecting around 220 people walking for WNTD!"

Thanks to Rod, Jennifer and everyone who worked to bring attention to tobacco cessation!

## **Dates to Remember**

~~~~~  
New training dates and locations! We just scheduled **TAP** and **TEG** training to take place in Calvert County, MD on September 16-17 and Waterbury, VT on November 4-5. Training on our **Insight** class program has just been scheduled to take place in SeaTac, WA (Seattle/Tacoma) on October 28-29. For more information, go to our Quick Links!

June is... American Stroke Awareness Month

Click here for more information on stroke awareness >>
<http://www.strokeassociation.org>

In Memory of Florence Crowley

~~~~~  
Many of you have been trained by Jim Crowley, Community Intervention's President. His mother, Florence, peacefully passed away on May 30, 2004 at the age of 94. Florence touched many lives beyond her three children, eighteen grandchildren and one great-great grandchild. Florence worked at Community Intervention throughout the 1980's and into the 1990's packing boxes, compiling training notebooks and sorting trainer evaluations. Although few and far between, if any less than glowing remarks were written about her son Jim's training, Florence made those evaluations "disappear." She meticulously dressed in outfits that even the twenty-somethings in our office admired. Her smile, affection and appreciation for the simple things, like a fresh cup of coffee, warmed our hearts.